

# New Patient Intake: What to Expect

Northwest Psychiatric Associates Ltd. (NWPA) | 9979 Wingham Blvd, Suite 204, O'Fallon, MO 63368 | 636-695-4554

Welcome to Northwest Psychiatric Associates Ltd. (NWPA).

This placeholder intake sheet explains what your first psychiatric appointment may include. It is not required for your first visit, but reviewing it ahead of time may help you feel prepared.

The visit usually includes:

- Your psychiatric history, including current concerns and past diagnoses
- Medications you have taken in the past, including what helped and what did not
- Your current medications, doses, prescribers, and any side effects or concerns
- How you are feeling now, including mood, anxiety, sleep, focus, safety, and daily functioning
- Relevant medical history, substance use history, family history, and prior therapy or hospital care
- A general treatment plan based on your symptoms, history, goals, and clinical needs
- Referrals if needed, such as therapy, intensive outpatient treatment, inpatient care, or another appropriate next step
- When to return and how frequently follow-up visits may be recommended

The final intake form may also ask for:

- Your full name and preferred name
- Contact information
- Emergency contact
- Reason for seeking care (in your own words)
- Pharmacy of choice

Please bring a current medication list and your insurance card to your first appointment.

This is a placeholder file generated for website preview only.

The final, official form will be provided by Northwest Psychiatric Associates Ltd.

Please call the office at 636-695-4554 to request the current version.